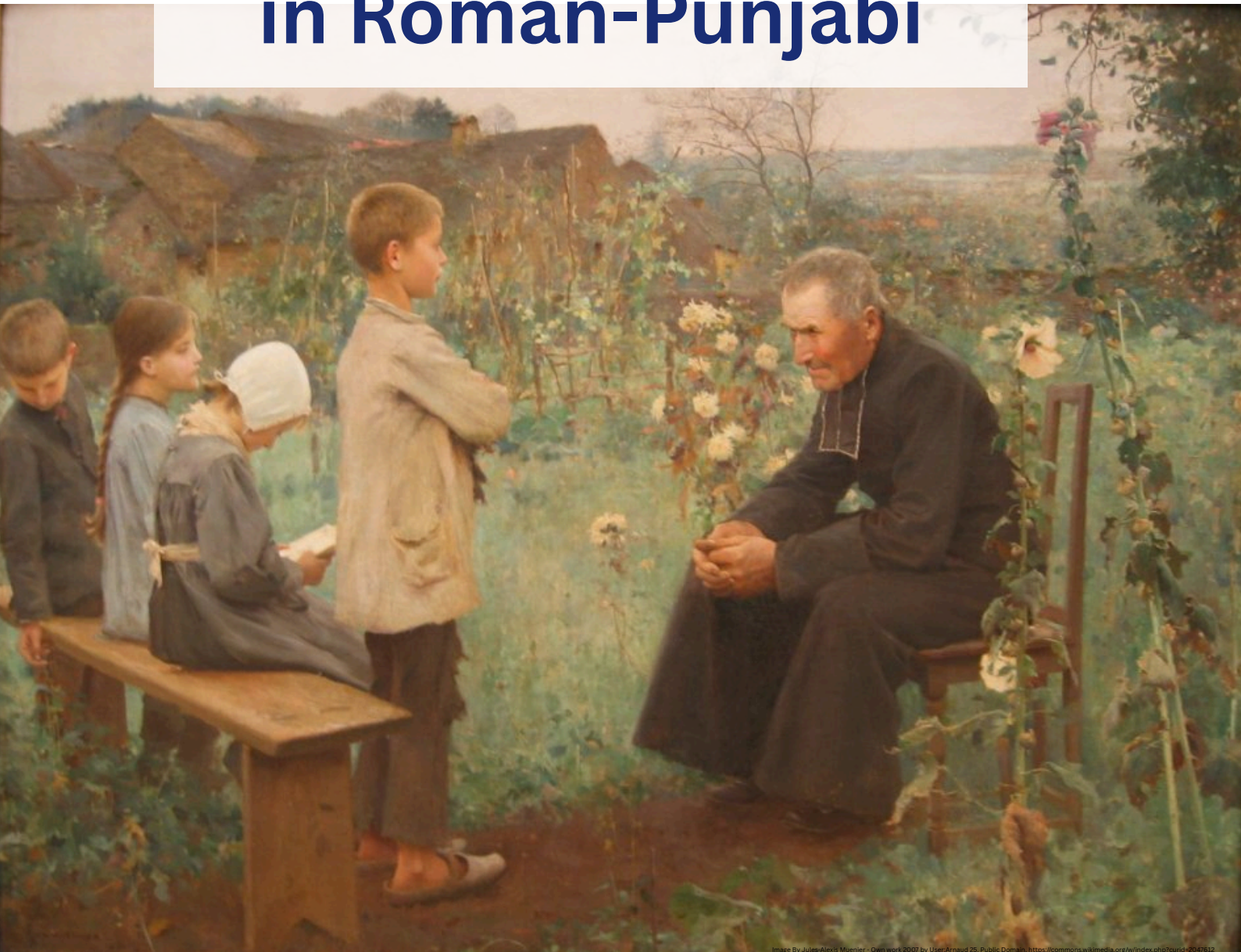


WESTMINSTER

SHORTER CATECHISM
1640

FOR CHILDREN
in Roman-Punjabi



Edition 2026

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The **Westminster** (A.D 1640) **SHORTER CATECHISM**



Reformed by TRUTH
Covenant God-Covenant People

Written by: Westminster Assembly (1640)

Translated

By

Suleman Shahzad

(MIB-France, M.Div (Continue)-USA)

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Westminster Shorter Catechism
(For Children)

In Roman-Punjabi
Translated
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(i) Westminster Catechism ki han ?

"Westminster Catechism Bible di oh taleem han jo vishvaasiyan nu eh samajhan vich madad kardi hai ke oh Rab baare ki mannan te us layi kiven jeena hai.

Eh 1640 de dahake vich England vich "Westminster Assembly" walon likheya gaya si, jo Reformed pastors te theologians da ik samuh si, jaden desh vich raajneetik te dharmik takraav da samaa si, jinu "English Civil War" keha janda hai.

Unhan da maksad kaleesiya vich saafgoyi, ikta te mazboot Bible di sikhya leke auna si, taan jo vishvaasi apne vishvaas vich vadh sakkan te apni zindagi de har hissa vich Rabb di mahima kar sakkan."

(ii) Maa, Pio te Ustadan vasty Message ?

Catechism Bible ton alaq koi taleem nahi han bal ke eh Bible di sikhya da chhota jiha khalasa (Summary) hai. Is da maksad Masihi parivaar, khaas karke bachiyon nu Bible di taleem sikhana hai, taan jo oh apne vishvaas nu samajh saken, jaan saken te ede vich vadhan. Eh sirf imaan di taleem hi nahi dinda, sago vishvaas nu bachana te Rab de vachan de sach vich chalna vi sikhaunda hai.

Taa ke bache vi apne Rabb di mahima kar saken jiven Us ne apne vachan vich hukam ditta hai. Rabb saare maa, pio, ustaadan te ohna sab nu barkat deve jo bachiyon nu eh changi taleem dinde han.

(iii) Bacheyan nu Catechism sikhana khu zarori han ?

Bacheyan nu catechism sikhana bahut zaroori hai kyunki Rabb ne Maa, Pio te kaleesiya nu hukam ditta hai ke oh agle naslan nu Us da vachan sikhawan (Deuteronomy 6:6-7). Is naal bachche Bible di sachayi nu changi tarah samajhde han, Masih vich sahi vishvaas vich vadhde han, te mazboot sikhya de naal jure rehnde han taan jo oh galat raah te na jaan (Ephesians 6:4, 2-Timothy 3:15).

Catechism Kaleesiya da dseekhaya gaya ik tareeka hai jis de zariya Masihi bachiyon (covenant children) nu Susamachar samjha ke, Rab di wafadari vich jeena te apni zindagi Rab di mahima layi guzaarna sikhaya janda hai.

Q. 1. Insan da sab ton vadda maqsad ki hai?

A. Insan da sab ton vadda maqsad Rab di mahima karna hai, te hamesha layi usda anand manana hai.

Ref. [1-Cor. 10:31](#); [Rom. 11:36](#); [Ps. 73:25-28](#).

Q. 2. Rab ne sanu eh dassan layi kehda niyam ditta hai ke asin usdi mahima kiven kariye te usda anand kiven manaiye?

A. Rab da Kalam, jo Purane te Nave Ahadname dian Pavittar Likhatan vich likheya hoye hai, oh hi ikko niyam hai jo sanu dasda hai ke asin Rab di mahima kiven kariye te usda anand kiven manaiye.

Ref. [2-Tim. 3:16](#); [Eph. 2:20](#); [1-John 1:3-4](#).

Q. 3. Pavittar Likhatan sanu sab ton zyada ki sikhaundiyan han?

A. Pavittar Likhatan sanu eh sikhaundiyan han ke asin Rab bare ki manna chahida hai, te Rab ki chahunda hai ke asin kariye.

Ref. [2-Tim. 1:13](#); [2-Tim. 3:16](#).

Q. 4. Rab kon hai?

A. Rab ikk Rooh hai, jo anant hai, sada rehnda hai, te kade badalda nahin. Usdi hasti, buddhi, taakat, pavitrata, insaaf, changiai te sachchai poori te kamil hai.

Ref. [John 4:24](#); [Job 11:7-9](#); [Ps. 90:2](#); [Jam. 1:17](#); [Ex. 3:14](#); [Ps. 147:5](#); [Rev. 4:8](#); [15:4](#); [Ex. 34:6-7](#).

Q. 5. Ki ik ton vadh Rab han?

A. Nahin. Sirf ik hi Rab hai, jo zinda te sachcha Rab hai.

Ref. [Deut. 6:4](#); [Jer. 10:10](#).

Q. 6. Rab di zat vich kinne vyakti han?

A. Rab di zat vich tin vyakti han: Pita, Putar, te Pavittar Atma. Eh tinno ik hi Rab han, ikko hi zat de han, te taakat te mahima vich barabar han.

Ref. [1 John 5:7](#); [Matt. 28:19](#).

Q. 7. Rab de faisle ki han?

A. Rab de faisle ohda sada ton banaya hoye irada han, jo oh apni marzi de mashware naal, apni mahima layi, pehlan hi tai kar chukka hai ke jo vi hunda hai oh kiven hovega.

Ref. [Eph. 1:4,11](#); [Rom. 9:22-23](#).

Q. 8. Rab apne faisle kiven poore karde han?

A. Rab apne faisle khalqat banan te duniya sambhalan de kam vich poore karde han.

Ref. [Ps. 148:8](#); [Isa. 40:26](#); [Dan. 4:35](#); [Acts 4:24-28](#), [Rev. 4:11](#)

Q. 9. Khalqat da kam ki hai?

A. Khalqat da kam eh hai ke Rab ne apni taakat de shabd naal, kise cheez di madad toh bina, chhe (6) din vich sab kuch banaya, te sab jo usne banaya, bahut changa hai.
Ref. [Gen. 1](#); [Heb. 11:3](#).

Q. 10. Rab ne insan nu kiven banaya?

A. Rab ne insan nu mard te aurat banaya, apne aqs vich, gyaan, insaaf te pavitrata vich, te sab janwaran te cheezan te hukumat den layak banaya.
Ref. [Gen. 1:26-28](#); [Col. 3:10](#); [Eph. 4:24](#).

Q. 11. Rab har cheez nu kive sambhalda hai?

A. Rab apni har banayi cheez nu pavittara, samajhdaari te taakatwar tareeke naal sambhalda hai, unhan nu bachaunda hai, te unhan te hukumat karda hai.
Ref. [Ps. 145:17](#); [Ps. 104:24](#); [Isa. 28:29](#); [Heb. 1:3](#); [Ps. 103:19](#); [Matt. 10:29-31](#).

Q. 12. Rab ne insan de naal keda khaas sambhal kitta, jadon oh banaya gaya?

A. Rab ne insan nu banake usde naal zindagi da vada kita. Usne insan nu mana kita ke oh changi te buri da gyaan den wale darakht da phal na khaave, nahi ta oh marr jaavega.
Ref. [Gal. 3:12](#); [Gen. 2:17](#).

Q. 13. Ki sade pehle maa-pio (Adam & Eve) oh halat vich reh sake, jithe oh banaye gaye san?

A. Sade pehle maa-pio nu apni marzi di azadi ditti gayi si, par oh Rab de khilaf paap karke, oh halat jithe oh banaye gaye san, us ton gir gaye.
Ref. [Gen. 3:6-8, 13](#); [Ecc. 7:29](#).

Q. 14. Paap ki hai?

A. Paap oh hai jo Rab de kanoon de mutabiq na hove, ya jado asi Rab de kanoon da ullanghan kariye.
Ref. [1 John 3:4](#).

Q. 15. Oh paap ki si jis karke sade pehle maa-pio os halat ton gir gaye, jis te oh banaye gaye san?

A. Oh paap eh si ke sade pehle maa-pio ne oh phal khaya jo Rab ne mana kita hoye si. is karke oh apni asal halat ton gir gaye.
Ref. [Gen. 3:6, 12](#).

Q. 16. Ki saari insaniyat Adam de pehle paap vich gir gayi?

A. Rab ne Adam naal vada sirf Adam layi nahi, balki usde aage waliya naslan layi vi kita si. is karke, Adam de naslan jo us ton janm lende han, oh vi us de naal paap kar ke, us de pehle paap vich gir gaye.

Ref. [Gen. 2:16-17](#); [Rom. 5:12](#); [1 Cor. 15:21-22](#).

Q. 17. Paap karke insaniyat kis halat vich aa gayi?

A. Paap karke insaniyat paap te dukh di halat vich aa gayi.

Ref. [Rom. 5:12](#).

Q. 18. Oh halat jis vich insaan gir gaya, ohde paap da matlab ki hai?

A. Oh halat da paap is gal vich hai ke Adam da pehla paap uste te usdi saari naslan te asar karda hai, asal sahi vyavhaar di kami hai, te insaan di poori fitrat vigard chuki eh. eho asal paap (original sin) kehlaunda hai, te esy to hi sab paap wale kam vi hunday nay.

Ref. [Rom. 5:12, 19](#); [Rom. 5:10-20](#); [Eph. 2:1-3](#); [Jas. 1:14-15](#); [Matt. 15:19](#).

Q. 19. Oh halat jis vich insaan gir gaya, ohdi dukh bhari halat ki hai?

A. Paap karke saari insaniyat Rab naal rishta kho baithi, oh Rab de gusse te laanat vich aa gayi, te is karke ohna nu is zindagi de sab dukh, maut, te hamesha layi dozakh de dard vich paaya ja sakda hai.

Ref. [Gen. 3:8, 10, 24](#); [Eph. 2:2-3](#); [Gal. 3:10](#); [Lam. 3:39](#); [Rom. 6:23](#); [Matt. 25:41, 46](#).

Q. 20. Ki Rab ney saari insaniyat nu paap te dukh di halat vich maran layi chhad ditta?

A. Nahin. Rab ne apni meharbani naal, sada to, kujh lokan nu hamesha di zindagi layi chuneya, te unhan nu paap te dukh di halat ton bachan layi meharbani da vada kita, te ek Mukti Den Wale (Redeemer) de zariye unhan nu bacha ke bachan di halat vich le aaya.

Ref. [Eph. 1:4](#); [Rom. 3:20-22](#); [Gal. 3:21-22](#).

Q. 21. Rab de chune hoye lokan da Mukti Dein Wala kaun hai?

A. Rab de chune hoye lokan da ikko hi Mukti Dein Wala Prabhu Yesu Masih hai. Oh Rab da azali Putar hai. Oh insan ban gaya, te is tarah oh Rab vi hai te insan vi hai – do alag fitratan vich, par ik hi vyakti hai, te hamesha rahega.

Ref. [1 Tim. 2:5-6](#); [John 1:14](#); [Gal. 4:4](#); [Rom. 9:5](#); [Luke 1:35](#); [Col. 2:9](#); [Heb. 7:24-25](#).

Q. 22. Masih, jo Rab da Putar hai, insan kiven baneya?

A. Masih, jo Rab da Putar hai, sachcha jism te samajh wali rooh leke insan baneya. Oh Pavittar Atma di taakat naal kunwari Maryam de garbh vich thahriya, te us ton paida hoye, par oh paap ton bilkul paak si.

Ref. Heb. 2:14, 16; Heb. 10:5; Matt. 26:38; Luke 1:27, 31, 35, 42; Gal. 4:4; Heb. 4:15; Heb. 7:26.

Q. 23. Masih sade Mukti Dein Wale de taur te kerey kam karda hai?

A. Masih, sade Mukti Dein Wale de taur te, **Nabi**, **Pujari** te **Raja** de kam karda hai. Oh eh kam apni nivi halat vich vi te apni mahima di halat vich vi karda hai.

Ref. Acts 3:21-22; Heb. 12:25, 2 Cor. 13:3; Heb. 5:5-7; Heb. 7:25; Ps. 2:6; Isa. 9:6-7; Matt. 21:5; Ps. 2:8-11.

Q. 24. Masih nabi da kam kiven karda hai?

A. Masih **Nabi** da kam is tarah karda hai ke oh apne Kalam te Pavittar Atma de zariye sanu Rab di marzi dasda hai, jo sadi nijaat layi hai.

Ref. John 1:18; 1 Pet. 1:10-12; John 15:15; John 20:31.

Q. 25. Masih pujari da kam kiven karda hai?

A. Masih **Pujari** da kam is tarah karda hai ke oh apne aap nu ik vaar qurbani de taur te chadha ke Rab de insaaf nu poora karda hai te sanu Rab naal mila dinda hai, te oh hamesha sade layi Rab agay benti vi karda rehnda hai.

Ref. Heb. 9:14, 28; Heb. 2:17; Heb. 7:24-25.

Q. 26. Masih Raja da kam kiven karda hai?

A. Masih **Raja** da kam is tarah karda hai ke oh sanu apne adheen karda hai, sanu sambhalda te bachaunda hai, te apne te sade sare dushmanan nu rokda te hara dinda hai.

Ref. Acts 15:14-16; Isa. 33:22; Isa. 32:1-2; 1 Cor. 15:25.

Q. 27. Masih di namrata (humiliation) kis cheez vich si?

A. Masih di namrata is gal vich si ke oh insan ban ke jameya, oh vi neeche halat vich, shariat de adheen ban ke, is zindagi de dukh sahe, Rab de gusse nu jhelya, te salib di laanat wali maut laye; oh dafnaya gaya, te thode same layi maut di taakat de adheen raya.

Ref. Luke 2:7; Gal. 4:4; Heb. 12:2-3; Isa. 53:2-3; Luke 22:44; Matt. 27:46; Phil. 2:8; 1 Cor. 15:3-4; Acts 2:24-27, 31.

Q. 28. Masih di mahima (exaltation) kis cheez vich hai?

A. Masih di mahima is gal vich hai ke oh teesre din maut ton zinda ho gaya, swarg vich chad gaya, Rab Pita de saje hath te baith gaya, te akhri din duniya da faisla karan layi aayega.

Ref. 1 Cor. 15:4; Mark 16:19; Eph. 1:20; Acts 1:11; Acts 17:31.

Q. 29. Asi Masih dwara kharidi hoyi nijaat vich kiven hissa pande haan?

A. Asi Masih dwara kharidi hoyi nijaat vich is tarah hissa pande haan ke oh Pavittar Atma de zariye sadi zindagi vich sanu is da fayda dinda hai.

Ref. John 1:11-12; Titus 3:5-6.

Q. 30. Pavittar Atma sadi zindagi vich Masih dwara kharidi hoyi nijaat kiven le aunda hai?

A. Pavittar Atma sadi zindagi vich iman paida karke, sanu Masih naal jod dinda hai, te is tarah sanu asal bulaawat vich hissa dinda hai.

Ref. Eph. 1:13-14; John 6:37, 39; Eph. 2:8; Eph. 3:17; 1 Cor. 1:9.

Q. 31. Asal bulaawat ki hai?

A. Asal bulaawat Rab de Pavittar Atma da kam hai. Is de zariye oh sanu sade paap te dukh da ehsaas karaunda hai, sade mann nu Masih di pehchan vich roshni dinda hai, te sadi marzi nu nava karda hai. Is tarah oh sanu Yeshu Masih nu qabool karan layi samjhaunda te taakat dinda hai, jo Suhsamachar vich sanu muft ditta gaya hai.

Ref. 2 Tim. 1:9; 2 Thess. 2:13-14; Acts 2:37; Acts 26:18; Ezek. 36:26-27; John 6:44-45; Phil. 2:13.

Q. 32. Oh lok jo asal bulaawat painde han, is zindagi vich kehde faide painde han?

A. Oh lok jo asal bulaawat painde han, is zindagi vich eh faide milde han: Rab unhan nu Dharami yani sahi thehranda hai (justification), apne bachche bana lenda hai (adoption), unhan nu pavittar karda hai (sanctification), te hor vi kai barkatan dinda hai, jo inhan de naal hundiyan han ya inhan ton aundiyan han.

Ref. Rom. 8:30; Eph. 1:5; 1 Cor. 1:26, 30.

Q. 33. Justification ki hai?

A. Justification Rab di muft mehar da kam hai. Is vich Rab sade sare paap maaf karda hai, te sanu apni nazar vich dharami thehranda hai. Eh sirf Masih di dharmikta karke hai jo sanu lagayi jandi hai, te asi is nu sirf iman naal qabool karde haan.

Ref. [Rom. 3:24-25](#); [Rom. 4:6-8](#); [2 Cor. 5:19, 21](#); [Rom. 5:17-19](#); [Gal. 2:16](#); [Phil. 3:9](#).

Q. 34. Adoption ki hai?

A. Adoption Rab di muft mehar da kam hai. Is de zariye Rab sanu apne bachchian vich shamil karda hai, te sanu Rab de bachchian de sare adhikar te barkatan da haqq dinda hai.

Ref. [1 John 3:1](#); [John 1:12](#); [Rom. 8:17](#).

Q. 35. Sanctification ki hai?

A. Sanctification Rab di muft mehar da kam hai. Is de zariye Rab sanu poori zindagi vich nava karda rehnda hai te sanu hor te hor apne varga banaonda hai. Oh sanu taakat dinda hai ke asin paap ton door hovan te sahi tareeke naal jeevan jiyiye.

Ref. [2 Thess. 2:13](#); [Eph. 4:23-24](#); [Rom. 6:4, 6](#); [Rom. 8:1](#).

Q. 36. Oh kehde faide han jo is zindagi vich justification, adoption te sanctification de naal aunde han ya inhan ton milde han?

A. Eh faide han: Rab de pyar da pakka yakeen, dil di shanti, Pavittar Atma vich khushi, mehar vich vadhna, te ant tak us vich bane rehna.

Ref. [Rom. 5:1-2, 5](#); [Rom. 14:17](#); [Prov. 4:18](#); [1 John 5:13](#); [1 Pet. 1:5](#).

Q. 37. Vishvasiyaan nu maut de samay Masih ton kehde faide milde han?

A. Vishvasiyaan di rooh maut de samay pavittarta vich poori ho jandi hai te turant mahima vich chali jandi hai. Unhan de jism, jo ajj vi Masih naal jude hunde han, kabar vich aram karde han jad tak punaruthaan na hove.

Ref. [Heb. 12:23](#); [2 Cor. 5:1, 6, 8](#); [Phil. 1:23](#); [Luke 23:43](#); [1 Thess. 4:14](#); [Isa. 57:2](#); [Job 19:26-27](#).

Q. 38. Vishvasiyaan nu Masih ton punaruthaan de samay kehde faide milde han?

A. Punaruthaan de samay, vishvasiyaan nu mahima vich uthaya javega, faisle de din khule taur te tasleem kita javega te saare paap maaf kar ditte javenge, te oh hamesha layi Rab di poori khushi te anand vich rahenge.

Ref. 1 Cor. 15:43; Matt. 25:23; Matt. 10:32; 1 John 3:2; 1 Cor. 13:12; 1 Thess. 4:17-18.

Q. 39. Oh farz ki hai jo Rab insaan ton mangda hai?

A. Oh farz eh hai ke insaan Rab di zahir kiti hoyi marzi (yehni Bible) de mutabiq amal kare.

Ref. Mic. 6:8; 1 Sam. 15:22.

Q. 40. Rab ne sab ton pehla insaan nu apni marzi de amal layi ki dikhaya?

A. Oh niyam jo Rab ne sab ton pehla insaan nu dikhaya, oh naitik kanoon (moral law) si.

Ref. Rom. 2:14-15; Rom. 10:5.

Q. 41. Naitik kanoon kise vich mukhtasar taur te samjhaaya gaya hai?

A. Naitik kanoon das hukman vich mukhtasar taur te samjhaaya gaya hai.

Ref. Deut. 10:4; Matt. 19:17.

Q. 42. Das hukman da nachord ki hai?

A. Das hukman da nachord eh hai ke asi Rab apne Rab nu apne sare dil, apni sari rooh, apni sari taakat, te apni saari soch naal pyar kariye, te apne padosi nu apne varga pyar kariye.

Ref. Matt. 22:37-40.

Q. 43. Das hukman di shuruvaat ki hai?

A. Das hukman di shuruvaat eh shabdan vich hai: "Main tera Rab tera bachaanwala haan, jisne tenu Misr di zameen ton, yehni ghulami de ghar ton bahar kadhya."

Ref. Ex. 20:2.

Q. 44. Das hukman di shuruvaat sanu ki sikhaundi hai?

A. Das hukman di shuruvaat sanu sikhaundi hai ke kyunki Rab sada bachaanwala hai te sade Mukti Dein Wala hai, is karke sada farz haan ke asi usde sare hukman da palan kariye.

Ref. Luke 1:74-75; 1 Pet. 1:15-19.

Q. 45. Pehla hukam ki hai?

A. Pehla hukam eh hai: “Tuhade vich mere to ilawa hor kise Rab di puja na hove.”

Ref. Ex. 20:3.

Q. 46. Pehle hukam vich ki mangya gaya hai?

A. Pehle hukam vich satho eh mangya gaya hai ke asi Rab nu sirf sachha Rab te apna Rab maniye, te usdi pooja te mahima kariye.

Ref. 1 Chr 28:9; Deut. 26:17; Matt. 4:10; Ps. 29:2.

Q. 47. Pehle hukam vich kis gal ton mana kita gaya hai?

A. Pehle hukam vich sanu mana kita gaya hai ke asi sachhe Rab to ilawa kise hor nu rab na maniye, te na usdi pooja te mahima kariye, te jo pooja te mahima sirf sade sachhe Rab nu hi milni chahidi hai, oh kise hor nu na diti jave.

Ref. Ps. 14:1; Rom. 1:21; Ps. 81:10-11; Rom. 1:25-26.

Q. 48. Pehle hukam vich “mere to ilawa” shabdan naal sanu ki khas sikhaya janda hai?

A. “Mere to ilawa” shabdan naal sanu eh sikhaya janda hai ke Rab, jo har cheez nu vekhda hai, kise hor rab nu man-nan da paap dekhda hai te is te bahut naraz hunda hai.

Ref. Ezek. 8:5-18; Ps. 44:20-21.

Q. 49. Dooja hukam ki hai?

A. Dooja hukam eh hai: “Tusi apne layi koi murti ya tasveer na banao, jo swarg vich, zameen te ya paani vich hai. Tusi unha de samne math jhuko te na unha di pooja karo. Kyunki main, tera Rab, jalan wala Rab haan, jo apne dushman de paap di saza bachiyan tak dinda haan, te hazaraan nu meharbani dinda haan jo mainu pyar karde han te mere hukman da palan karde han.”

Ref. Ex. 20:4-6.

Q. 50. Dooje hukam vich ki mangya gaya hai?

A. Dooje hukam vich satho eh mangya gaya hai ke asi Rab de Shabd vich ditta hoye saara dharmik pooja-patat te niyam saaf te poora man ke qabool kariye, odhe te amal kariye te odha palan kariye.

Ref. Deut. 32:46; Matt. 28:20; Acts 2:42.

Q. 51. Dooje hukam vich kis gal ton mana kita gaya hai?

A. Dooje hukam vich sanu mana kita gaya hai ke asi Rab di pooja murtiyan de naal na kariye, te na oh kise hor tareeke naal kariye jo usne apne Shabd (Bible) vich nahi ditta.

Ref. Deut. 4:15-19; Ex. 32:5, 8; Deut. 12:31-32.

Q. 52. Dooje hukam de naal juriye hoye vajahaan ki han?

A. Dooje hukam de naal juriye vajahaan eh han: ke Rab da sade ute hukmarani karna, sade ute usda haq, te ohdi apni pooja layi utsah te lagan.

Ref. Ps. 95:2-3, 6; Ps. 45:11; Ex. 34:13-14.

Q. 53. Teeja hukam ki hai?

A. Teeja hukam eh hai: "Tusi apne Rab da naam vyarth na lo, kyunki jo vyarth usda naam le, Rab usnu be-gunah nahi manega."

Ref. Ex. 20:7.

Q. 54. Teeje hukam vich ki mangya gaya hai?

A. Teeje hukam vich satho eh mangya gaya hai ke asi Rab de naam, usdi pehchaan, gun, niyam, Shabd te kama nu pavittar te izzat naal istemal kariye.

Ref. Matt. 6:9; Deut. 28:58; Ps. 68:4; Rev. 15:3-4; Mal. 1:11, 14; Ps. 138:1-2; Job 36:24.

Q. 55. Teeje hukam vich kis gal ton mana kita gaya hai?

A. Teeje hukam vich sanu mana kita gaya hai ke asi har us cheez da apmaan ya bura istemal na kariye, jis de zariye Rab apne aap nu sade te zahir karda hai.

Ref. Mal. 1:6-7, 12; Mal. 2:2; Mal. 3:14.

Q. 56. Teeje hukam de naal juriye hoye vajah ki hai?

A. Teeje hukam de naal juriye vajah eh hai ke jo vi is hukam nu tordan hai, oh insanan kolon saza ton bach sakde han, par sada Rab, jo sachha Rab hai, ohna nu apne insaaf ton bachan nahi dega.

Ref. 1 Sam. 2:12, 17, 22, 29; 1 Sam. 3:13; Deut. 28:58-59.

Q. 57. Chautha hukam ki hai?

A. Chautha hukam eh hai: “Sabbat da din yaad rakho te usnu pavittar rakho. Chhe din kam karo te apna saara kam poora karo, par sattvan din Rab da Sabbat hai. Us din tusi, tuhade puttar, tuhadi dhii, tuhade naukar-naukrani, tuhade janwar, te jo videshi tuhade darwaje vich hai, oh vi koi kam na karo. Kyunki chhe din vich Rab ne swarg, zameen, samundar, te ohna vich jo kujh hai, sab kuch banaya, te sattvan din aram kita. Is karke Rab ne Sabbat de din nu aashirwad dita te usnu pavittar banaya.”

Ref. [Ex. 20:8-11](#).

Q. 58. Chauthe hukam vich ki mangya gaya hai?

A. Chauthe hukam vich satho eh mangya gaya hai ke asi Rab layi oh time pavittar rakhiye jo usne apne Shabd vich tay kita hai; khaaskar har saat dinan vich ek poora din, jo usda pavittar Sabbat hove.

Ref. [Deut. 5:12-14](#).

Q. 59. Saat dinan vichon Rab ne keda din haftay da Sabbat banaya hai?

A. Duniya di shuruat ton leke Masih de ji-uthan tak, Rab ne sattvan din nu haftay da Sabbat banaya; te Masih de ji-uthan ton baad, haftay da pehla din, jo aaj tak hai, Masihi-Sabbat ban gaya hai.

Ref. [Gen. 2:2-3](#); [1 Cor. 16:1-2](#); [Acts 20:7](#).

Q. 60. Sabbat nu pavittar kiven banaya jave?

A. Sabbat nu pavittar is tarah banaya jave ke us din poora aram kariye, duniya de oh kam jo hor dinan vich theek han, ohna ton bachiye; te poora samah Rab di pooja te aradhana vich bitayiye, sirf ohna zaruri kama nu chhadd ke jo meharbani te zarurat layi karne han.

Ref. [Ex. 20:8, 10](#); [Ex. 16:25-28](#); [Neh. 13:15-19, 21-22](#); [Luke 4:16](#); [Acts 20:7](#); [Ps. 92 title](#); [Isa. 66:23](#); [Matt. 12:1-13](#).

Q. 61. Chauthe hukam vich kis gal ton mana kita gaya hai?

A. Chauthe hukam vich sanu mana kita gaya hai ke asi Sabbat de din apne farz nu na bhulliyee, na ona nu laapervai naal poore kariye; te na hi Sabbat de din nu bekaar kam, paap, ya duniya dari di soch, gal, ya manoranjan karke kharaab kariye.

Ref. [Ezek. 22:26](#); [Amos 8:5](#); [Mal. 1:13](#); [Acts 20:7, 9](#); [Ezek. 23:38](#); [Jer. 17:24-26](#); [Isa. 58:13](#).

Q. 62. Chauthe hukam de naal juriye hoye vajahaan ki han?

A. Chauthe hukam de naal juriye vajahaan eh han: Rab ne sanu chhe din apne kam layi dite han, sattvan din usda khaas haq hai, ohne apni masaal diti jis vich Rab ne Sabbat de din nu aashirwad dita hai.

Ref. [Ex. 20:9, 11.](#)

Q. 63. Panjva hukam ki hai?

A. Panjva hukam eh hai: “Apne pita te apni maa di izzat kar, taan jo tere din us zameen te lammey hon jo tera Rab tainu dinda hai.”

Ref. [Ex. 20:12.](#)

Q. 64. Panjve hukam vich ki mangya gaya hai?

A. Panjve hukam vich satho eh mangya gaya hai ke asi har ik vyakti di izzat banayi rakhiye te apne farz poore kariye, chahe oh sade ton vadde hon, sade thalle hon, ya sade barabar hon.

Ref. [Eph. 5:21; 1 Pet. 2:17; Rom. 12:10.](#)

Q. 65. Panjve hukam vich kis gal ton mana kita gaya hai?

A. Panjve hukam vich sanu mana kita gaya hai ke asi kise di izzat na ghataiye, apne farzan nu nazarandaz na kariye, te na hi apne rishte te jagah de khilaf koi kam kariye.

Ref. [Matt. 15:4-6; Ezek. 34:2-4; Rom. 13:8.](#)

Q. 66. Panjve hukam de naal juriye hoyi vajah ki hai?

A. Panjve hukam de naal juriye vajah eh hai ke jo lok is hukam nu mande han, Rab unha nu lambi zindagi te bhalayi da wada karda hai, jinna tak eh Rab di mahima te unha de apne bhale layi hove.

Ref. [Deut. 5:16; Eph. 6:2-3.](#)

Q. 67. Chheva hukam ki hai?

A. Chheva hukam eh hai: “Tusi qatl na karo.”

Ref. [Ex. 20:13.](#)

Q. 68. Chheve hukam vich ki mangya gaya hai?

A. Chheve hukam vich satho eh mangya gaya hai ke asi har theek tareeke naal apni zindagi te horan di zindagi bachaye rakhan di koshish kariye.

Ref. Eph. 5:28-29; 1 Kings 18:4.

Q. 69. Chheve hukam vich kis gal ton mana kita gaya hai?

A. Chheve hukam vich sanu mana kita gaya hai ke asi apni zindagi ya apne padosi di zindagi na laiye, te na hi koi aisa kam kariye jo sanu is wal le janda hove.

Ref. Acts 16:28; Gen. 9:6.

Q. 70. Satva hukam ki hai?

A. Satva hukam eh hai: "Tusi zina na karo."

Ref. Ex. 20:14.

Q. 71. Satve hukam vich ki mangya gaya hai?

A. Satve hukam vich satho eh mangya gaya hai ke asi apne te apne padosi di pavittarta nu dil, gal-baat te chaal-chalan vich sambhal ke rakhiye.

Ref. 1 Cor. 7:2-3, 5, 34, 36; Col. 4:6; 1 Pet. 3:2.

Q. 72. Satve hukam vich kis gal ton mana kita gaya hai?

A. Satve hukam vich sanu mana kita gaya hai ke asi koi vi gair-pavittar soch, gal, ya kam na kariye.

Ref. Matt. 15:19; Matt. 5:28; Eph. 5:3-4.

Q. 73. Athva hukam ki hai?

A. Athva hukam eh hai: "Tusi chori na karo."

Ref. Ex. 20:15.

Q. 74. Athve hukam vich ki mangya gaya hai?

A. Athve hukam vich satho eh mangya gaya hai ke asi apni te horan di daulat te zarooratan nu theek tareeke naal kamayiye te vadhaayiye.

Ref. Gen. 30:30; 1 Tim. 5:8; Lev. 25:35; Deut. 22:1-5; Ex. 23:4-5; Gen. 47:14, 20.

Q. 75. Athve hukam vich kis gal ton mana kita gaya hai?

A. Athve hukam vich sanu mana kita gaya hai ke asi koi vi aisa kam na kariye jo galat tareeke naal apni ya apne padosi di daulat ya zarooratan nu nuksan pahunchave.

Ref. [Prov. 21:17](#); [Prov. 23:20-21](#); [Prov. 28:19](#); [Eph. 4:28](#).

Q. 76. Nawva hukam ki hai?

A. Nawva hukam eh hai: "Tusi apne padosi de khilaf jhoothi gawahi na do."

Ref. [Ex. 20:16](#).

Q. 77. Nawve hukam vich ki mangya gaya hai?

A. Nawve hukam vich satho eh mangya gaya hai ke asi lokan de naal sachayi banayi rakhiye, te apna te apne padosi da changa naam sambhal ke rakhiye, khaaskar gawahi den vich.

Ref. [Zech. 8:16](#); [3 John 1:12](#); [Prov. 14:5, 25](#).

Q. 78. Nawve hukam vich kis gal ton mana kita gaya hai?

A. Nawve hukam vich sanu mana kita gaya hai ke asi koi vi asa kam na kariye jo sach nu nuksan pahunchave, ya apna ya apne padosi da changa naam kharab kare.

Ref. [1 Sam. 17:28](#); [Lev. 19:16](#); [Ps. 15:3](#).

Q. 79. Dasva hukam ki hai?

A. Dasva hukam eh hai: "Tusi apne padosi da ghar, patni, naukar, naukrani, bail, gadha, ya koi vi cheez jo tade padosi di hai, os da lalach na karo."

Ref. [Ex. 20:17](#).

Q. 80. Dasve hukam vich ki mangya gaya hai?

A. Dasve hukam vich satho eh mangya gaya hai ke asi apni haalat naal poori tarah santusht rahie, te apne padosi te usdi cheezan naal vadhiya te dayaalu soch rakhiye.

Ref. [Heb. 13:5](#); [1 Tim. 6:6](#); [Job 31:29](#); [Rom. 12:15](#); [1 Tim. 1:5](#); [1 Cor. 13:4-7](#).

Q. 81. Dasve hukam vich kis gal ton mana kita gaya hai?

A. Dasve hukam vich sanu mana kita gaya hai ke asi apni haalat te na naraz hoiye, na apne padosi di bhalayi te jalan ya dukh kariye, te na hi usdi cheezan layi te lalach ya moh rakhiye.

Ref. 1 Kings 21:4; Esther 5:13; 1 Cor. 10:10; Gal. 5:26; Jas. 3:14, 16; Rom. 7:7-8; Rom. 13:9; Deut. 5:21.

Q. 82. Koi banda Rab de hukman nu poori tarah nibha sakda hai?

A. Nahin, Adam de paap to baad koi vi insaan is zindagi vich Rab de hukman nu poori tarah nahi nibha sakda; har din asi ohna nu soch, gal, te apne kama vich todhde han.

Ref. Ecc. 7:20; 1 John 1:8, 10; Gal. 5:17; Gen. 6:5; Gen. 8:21; Rom. 3:9-21; Jas. 3:2-13.

Q. 83. Ki sare paap ekko jehe bure han?

A. Nahin, kuch paap apne aap vich, te kuch hor wajahaan karke, Rab di nazar vich horan ton zyada bure han.

Ref. Ezek. 8:6, 13, 15; 1 John 5:16; Ps. 78:17, 32, 56.

Q. 84. Har paap ki da hakdar hai?

A. Har paap Rab di narazgi te laanat da hakdar hai, is zindagi vich vi, te agle jeevan vich vi.

Ref. Eph. 5:6; Gal. 3:10; Lam. 3:39; Matt. 25:41.

Q. 85. Rab satho ki mangda hai taan jo asi paap karke usdi narazgi te laanat to bach sakiye?

A. Rab di narazgi te laanat to bachan layi, jo paap karke sanu milni hai, Rab satho mangda hai ke asi Yeshu Masih te iman rakhiye, zindagi layi sachhi tauba kariye, te oh saare tareekeya da dhang naal istemal kariye jinha de zariye Masih sanu seekhanda te sanu chhutkara dinda hai.

Ref. Acts 20:21; Prov. 2:1-5; Prov. 8:33-36; Isa. 55:3.

Q. 86. Yeshu Masih te iman ki hai?

A. Yeshu Masih te iman Rab di ek bachaun wali mehrbani hai, jide zariye asi sirf usi te apna bharosa rakhde te usi vich apni nijaat lai aram painde han, jaiven oh sanu suhosamachar vich dikhanda hai.

Ref. Heb. 10:39; John 1:12; Isa. 26:3-4; Phil. 3:9; Gal. 2:16.

Q. 87. Zindagi layi tauba ki hai?

A. Zindagi layi tauba Rab di ek bachaun wali mehrbani hai, jide zariye ek paapi, apne paap di sachhi samajh te Masih vich Rab di rehmat de ehshaas naal, apne paap nu dukh te nafrat naal chhad ke Rab wal murda hai, te navi aagya mannan di poori koshish kare.

Ref. Acts 11:18; Acts 2:37-38; Joel 2:12; Jer. 3:22; Jer. 31:18-19; Ezek. 36:31; 2 Cor. 7:11; Isa. 1:16-17.

Q. 88. Oh zahiri tareeke te saadhan ki han, jinha through Masih sanu nijaat de faide dinda hai?

A. Oh zahiri tareeke te saadhan han: Masih de hukam, khaaskar Usde Shabad (Word), Rasamaan (Sacraments), te duaa; jo sab kujh chune hoye lokan di nijaat lai kaam kar de han.

Ref. Matt. 28:19-20; Acts 2:42, 46-47.

Q. 89. Shabad (Rab da kalaam) kis tarah nijaat layi kaam karda hai?

A. Rab da Rooh Shabad di parhai, te khaaskar usdi updes, nu paapiyan nu samjhaun te Masih wal muran layi, te iman de zariye pavittarta te tasalli vich vadhaun layi kaam karwonda hai.

Ref. Neh. 8:8; 1 Cor. 14:24-25; Acts 26:18; Ps. 19:8; Acts 20:32; Rom. 15:4; 2 Tim. 3:15-17; Rom. 10:13-17; Rom. 1:16.

Q. 90. Shabad (Rab da kalaam) kis tarah parhna te sunna chahida hai, taan jo oh nijaat layi kaam kare?

A. Shabad nijaat layi kaam kare, is layi sanu ohnu dhyan naal sunna te parhna chahida hai, duaa karni chahidi hai, iman te pyaar naal man-na chahida hai, apne dil vich rakhna chahida hai, te apni zindagi vich amal karna chahida hai.

Ref. Prov. 8:34; 1 Pet. 2:1-2; Ps. 119:18; Heb. 4:2; 2 Thess. 2:10; Ps. 119:11; Luke 8:15; Jas. 1:25.

Q. 91. Pavitar Rasamaan (Sacraments) kis tarah nijaat layi kaam kar de han?

A. Pavittar Rasamaan nijaat layi is tarah kaam karde han ke na ohna vich apni koi taqat hai, na us bande vich jo ohna da farz nibhaunda hai; par takat sirf Masih di barkat te usde Rooh de kam naal hai, jo iman naal ohna nu milde han.

Ref. 1 Pet. 3:21; Matt. 3:11; 1 Cor. 3:6-7; 1 Cor. 12:13.

Q. 92. Pavitar Rasam (Sacrament) ki hai?

A. Rasam ek pavittar farz hai jo Masih ne banaya; jide vich nazar aan wale nishan de zariye, Masih te Nave Vachanmaala (New Testament) de faide Pavitar lokan te dikhaye, mohar lagaye, te lagu kite jande han.

Ref. Gen. 17:7, 10; Ex. 12; 1 Cor. 11:23, 26.

Q. 93. Nave Vachanmaala (New Testament) de Rasamaan kerian han?

A. Nave Vachanmaala de Rasamaan do han: Baptisma (Baptism) te Rabb da Bhojan (Lord's Supper).

Ref. Matt. 28:19; Matt. 26:26-28.

Q. 94. Baptisma ki hai?

A. Baptisma ek pavittar Rasam hai, jide vich paani naal dhona Pita, Putar te Pavittar Atma de naam vich kita janda hai. Eh sanu dassda te pakka karda hai ke asi Masih naal jud gaye han, kirpa de vade de faide pa rahe han, te hun asi Rab de han.

Ref. Matt. 28:19; Rom. 6:4; Gal. 3:27.

Q. 95. Baptisma kis nu ditta jana chahida hai?

A. Baptisma ohna nu nahi ditta jana chahida jo zahiri kalisiya ton bahar han, jad tak oh Masih te apna iman te usdi agya maanan da iqraar na karan; par ohna de bachche jo zahiri kalisiya de member han, ohna nu baptisma ditta jana chahida hai.

Ref. Acts 8:36-37; Acts 2:38-39; Gen. 17:10, Col. 2:11-12; 1 Cor. 7:14.

Q. 96. Rab da Bhojan (Lord's Supper) ki hai?

A. Rab da Bhojan ik pavittar Rasam hai. Is vich Masih de hukam de mutabik roti te angoor da ras ditta te lita janda hai, te is naal Masih di maut nu yaad kita janda hai. Jo log iman naal isnu lande han, oh jismani tareeke naal nahi, par iman naal Masih de jism te khoon de faide paande han. Is naal ohna nu ruhani taqat mildi hai te oh kirpa vich vadhde jande han.

Ref. 1 Cor. 11:23-26; 1 Cor. 10:16.

Q. 97. Rab de Bhojan nu theek tareeke naal len layi ki zaroori hai?

A. Jo log Rab da Bhojan theek tareeke naal lena chaunde han, oh pehla apne aap nu jaanch lain. Oh vekhan ke ki ohna nu Rabb de jism di samajh hai, ki oh Masih te iman rakhde han, te ki ohna vich tauba, pyaar te navi aagya mannan di ichha hai. Nahin taan je koi bina theek tareeke naal isnu lainda hai, taan oh apne layi saja kamanda hai.

Ref. 1 Cor. 11:28-29; 2 Cor. 13:5; 1 Cor. 11:31; 1 Cor. 10:16-17; 1 Cor. 5:7-8.

Q. 98. Duaa ki hai?

A. Duaa eh hai ke asi Masih de naam vich Rab kol apniyan ichhavan rakhie, oh cheezan layi jo usdi marzi de mutabik hon. Is vich asi apne paapan da iqraar karde han te Rab diyan mehrbaniyan layi usda shukar vi karde han.

Ref. Ps. 62:8; 1 John 5:14; John 16:23; Ps. 32:5-6; Dan. 9:4; Phil. 4:6.

Q. 99. Duaa layi Rab ne sanu kehda niyam ditta hai?

A. Rab da har Shabad sanu duaa karan vich rahnumai dinda hai, par khaas taur te oh duaa jo Masih ne apne cheliyan nu sikhayi si, jinu aam taur te “Rabb di Duaa” keha janda hai.

Ref. 1 John 5:14; Matt. 6:9-13 ; Luke 11:2-4.

Q. 100. Rabb di Duaa de shuru de lafz sanu ki sikhaunde han?

A. Rabb di Duaa de shuru de lafz, “eh Sade Pita tu jo asmaan vich hai,” sanu sikhaunde han ke asi Rab kol pavittar adab te bharse naal jaayiye, jiven bachche apne pita kol jande han, jo sadi madad karan layi hamesha tayar te samarth hai; te asi sirf apne layi hi nahi, bal ke horan layi vi duaa kariye.

Ref. Matt. 6:9; Rom. 8:15; Luke 11:13; Acts 12:5; 1 Tim. 2:1-2.

Q. 101. Rabb di Duaa di pehli darkhwast vich asi kis chez layi duaa karde han?

A. Rabb di Duaa di pehli darkhwast, “Tera Naam pavittar manya javen” vich asi duaa karde han ke Rab sanu te horan nu apne Naam di mahima karan layak banave, te oh har cheez nu apni mahima layi thik kare.

Ref. Matt. 6:9; Ps. 67:2-3; Ps. 83.

Q. 102. Rabb di Duaa di duji darkhwast vich asi kis chez layi duaa karde han?

A. Rabb di Duaa di duji darkhwast, “Tera raaj aawe,” vich asi duaa karde han ke Shaitan da raaj khatam hove; te kirpa da raaj vadhe, asi te hor lok vi is raaj vich shamil hon te ohde vich bane rahin; te Rab di mahima da raaj jaldi aave.

Ref. [Matt. 6:10](#); [Ps. 68:1, 18](#); [Rev. 12:10-11](#); [2 Thess. 3:1](#); [Rom. 10:1](#); [John 17:9,20](#); [Rev. 22:20](#).

Q. 103. Rabb di Duaa di teeji darkhwast vich asi kis chez layi duaa karde han?

A. Rabb di Duaa di teeji darkhwast, “Teri marzi jiven asmaan vich poori hundi hai, ohven hi dharti te vi hove,” vich asi duaa karde han ke Rab apni kirpa naal sanu es layak banawe ke asi usdi marzi nu jaaniye, usdi agya maniye, te har gal vich usde agge jhukiye, jiven farishte asmaan vich karde han.

Ref. [Matt. 6:10](#); [Ps. 67](#); [Ps. 119:36](#); [Matt. 26:39](#); [2 Sam. 15:25](#); [Job. 1:21](#); [Ps. 103:20-21](#).

Q. 104. Rabb di Duaa di chauthi darkhwast vich asi kis chez layi duaa karde han?

A. Rabb di Duaa di chauthi darkhwast, “Sadi roz di roti aj sanu de,” vich asi duaa karde han ke Rab apni mehrbani naal sanu is zindagi diyan zaroori cheezan deve, te asi ohna nu usdi barkat naal vart sakeeye.

Ref. [Matt. 6:11](#); [Prov. 30:8-9](#); [Gen. 28:20](#); [1 Tim. 4:4-5](#).

Q. 105. Rabb di Duaa di panjvi darkhwast vich asi kis chez layi duaa karde han?

A. Rabb di Duaa di panjvi darkhwast, “Jiven asi apne khilaaf gunaah karan waleyan nu maaf karde han, tu vi sanu maaf kar,” vich asi duaa karde han ke Rab Masih de karan sade saare paap maaf kare. Asi es mangn layi hausla rakhde han, kyunki Rab di kirpa naal asi dil ton horan nu maaf kar sakde han.

Ref. [Matt. 6:12](#); [Ps. 51:1-2, 7, 9](#); [Dan. 9:17-19](#); [Luke 11:4](#); [Matt. 18:35](#).

Q. 106. Rabb di Duaa di chhevi darkhwast vich asi kis chez layi duaa karde han?

A. Rabb di Duaa di chhevi darkhwast, “Sanu azmaish vich na pa, sagon burai ton bacha,” vich asi duaa karde han ke Rab sanu paap di azmaish vich paan ton bachave, ya jad asi azmaish vich paiye, taan sadi madad kare te sanu us ton chhudave.

Ref. [Matt. 6:12](#); [Matt. 26:41](#); [2 Cor. 12:7-8](#).

Q. 107. Rab di Duaa de aakhri lafz sanu ki sikhaunde han?

A. Rab di Duaa de aakhri lafz, “Kyunki raaj, taqat te mahima hamesha layi teri hi hai. Ameen,” sanu sikhaunde han ke asi duaa vich hausla sirf Rab ton laiye, te apni dua

vich usdi tareef kariye, raaj, taqat te mahima usnu hi dinde hoye. te eh dikhauan layi ke asi dilon chahunde han ke Rab sadi duaa sune, asi kehnde han, "Ameen."

Ref. [Matt. 6:13](#); [Dan. 9:4-9, 16-19](#); [1 Chr 29:10-13](#); [1 Cor. 14:16](#); [Rev. 22:20-21](#)

The End

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